# **BENEFIT SUMMARY**

Cigna Health and Life Insurance Co. For - Durand, Inc. HSA OAP Plan HSA OAPIN Effective - 07/01/2024



Selection of a Primary Care Provider - your plan may require or allow the designation of a primary care provider. You have the right to designate any primary care provider who participates in the network and who is available to accept you or your family members. If your plan requires designation of a primary care provider, Cigna may designate one for you until you make this designation. For information on how to select a primary care provider, and for a list of the participating primary care providers, visit www.mycigna.com or contact customer service at the phone number listed on the back of your ID card. For children, you may designate a pediatrician as the primary care provider.

**Direct Access to Obstetricians and Gynecologists** - You do not need prior authorization from the plan or from any other person (including a primary care provider) in order to obtain access to obstetrical or gynecological care from a health care professional in our network who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals. For a list of participating health care professionals who specialize in obstetrics or gynecology, visit www.mycigna.com or contact customer service at the phone number listed on the back of your ID card.

Your coverage includes a health savings account that you can use to pay for eligible out-of-pocket expenses.

Plan Highlights	In-Network
Lifetime Maximum	Unlimited
Plan Year Accumulation	Your Plan's Deductibles, Out-of-Pockets and benefit level limits accumulate on a calendar year basis unless otherwise stated.
Plan Coinsurance	Plan pays 80%
Plan Deductible	Individual - Employee Only: \$1,500 Family Maximum: \$3,000

- Plan deductible always applies before any benefit copay/deductible or coinsurance.
- Plan deductible does not apply to preventive services.
- All family members contribute towards the family deductible. An individual cannot have claims covered under the plan coinsurance until the total family deductible has been satisfied.
- This plan includes a combined Medical/Pharmacy plan deductible.
- In-Network Generic preventive drugs and products included in the Preventive Package will not be subject to deductible. This may apply to drugs for: Asthma, Cholesterol Lowering, Depression, Diabetes (including diabetic supplies but excluding continuous glucose monitor supplies), Heart Disease and Stroke, High Blood Pressure, Osteoporosis, Prenatal Vitamins.

Note: Services where plan deductible applies are noted with a caret (^).

Plan Highlights	In-Network
	Individual - Employee Only: \$3,000 Family Maximum: \$6,000
<ul> <li>Plan deductible contributes towards your out-of-pocket maximum.</li> <li>All benefit copays/deductibles contribute towards your out-of-pocket n</li> <li>Covered expenses that count towards your out-of-pocket maximum in Disorder.</li> <li>All eligible family members contribute towards the family out-of-pocket each eligible family member's covered expenses at 100%.</li> <li>This plan includes a combined Medical/Pharmacy out-of-pocket maxim</li> </ul>	naximum. Include customer paid coinsurance and charges for Mental Health and Substance Use It maximum. Once the family out-of-pocket maximum has been met, the plan will pay mum.
Note: Services where plan deductible applies are noted with a caret (^). I	Plan deductible always applies before benefit copays/deductibles.
Physician Services - Office Visits	
Primary Care Physician (PCP) Services/Office Visit	Plan pays 80% ^
Specialty Care Physician Services/Office Visit	Plan pays 80% ^
Surgery Performed in Physician's Office	Covered same as Physician Services - Office Visit
Preventive Care	
Preventive Care Office Visit	Plan pays 100%
Preventive Services	Plan pays 100%
<ul> <li>Includes preventive Mammograms, Papanicolaou (Pap), Prostate Spectrum</li> </ul>	
<ul> <li>Diagnostic-related services are covered at the same level of benefits a</li> </ul>	
Immunizations	Plan pays 100%
Inpatient	
Inpatient Hospital Facility Services	Plan pays 80% ^
Note: Includes all Lab and Radiology services, including Advanced Radiologic	
Inpatient Hospital Physician's Visit/Consultation	Plan pays 80% ^
Inpatient Professional Services	Plan pays 80% ^
<ul> <li>For services performed by Surgeons, Radiologists, Pathologists and A</li> </ul>	Anesthesiologists
Outpatient	
Outpatient Facility Services	Plan pays 80% ^
Outpatient Professional Services	Plan pays 80% ^
<ul> <li>For services performed by Surgeons, Radiologists, Pathologists and A</li> </ul>	Anesthesiologists
Emergency Services	
<ul> <li>Emergency Room</li> <li>Includes ER Physician Charges, Lab and Radiology including Advanc Radiological Imaging (ARI)</li> </ul>	ed Plan pays 80% ^
Urgent Care Facility     Includes Physician Charges, Lab and Radiology	Plan pays 80% ^
07/01/2023	

07/01/2023

NJ

Health Savings Account Open Access Plus - HSA OAPIN

Note: Services where plan deductible applies are noted with a caret (^). Pl	an deductible always applies before benefit copays/deductibles.	
Ambulance	Plan pays 80% ^	
Ambulance services used as non-emergency transportation (e.g., transportation	from hospital back home) generally are not covered.	
Inpatient Services at Other Health Care Facilities		
<ul> <li>Skilled Nursing Facility, Rehabilitation Hospital, Sub-Acute Facilities</li> <li>Annual Limit: 60 days</li> </ul>	Plan pays 80% ^	
Laboratory Services		
Physician's Services/Office Visit	Covered same as Physician Services - Office Visit	
Independent Lab	Plan pays 80% ^	
Outpatient Facility	Plan pays 80% ^	
Radiology Services		
Physician's Services/Office Visit	Covered same as Physician Services - Office Visit	
Outpatient Facility	Plan pays 80% ^	
Advanced Radiological Imaging (ARI)	Includes MRI, MRA, CAT Scan, PET Scan, etc.	
Outpatient Facility	Plan pays 80% ^	
Physician's Services/Office Visit	Plan pays 80% ^	
Outpatient Therapy Services		
Outpatient Physical Therapy	Plan pays 80% ^	
Annual Limits:		
<ul> <li>Physical Therapy – 30 visits</li> </ul>		
<ul> <li>Limits are not applicable to mental health conditions.</li> </ul>		
Note: Therapy visits, provided as part of an approved Home Health Care plan, a	accumulate to the applicable Home Health Care maximum.	
Outpatient Speech Therapy, Hearing Therapy and Occupational Therapy	Plan pays 80% ^	
Annual Limits:		
<ul> <li>Speech, Hearing and Occupational Therapies – 30 visits</li> </ul>		
<ul> <li>Limits are not applicable to mental health conditions for Speech and Oc</li> </ul>	cupational Therapies.	
Note: Therapy visits, provided as part of an approved Home Health Care plan, a	accumulate to the applicable Home Health Care maximum	
Chiropractic Care	Plan pays 80% ^	
Annual Limit:		
Chiropractic Care – 25 visits		
Hospice		
Inpatient Facilities	Plan pays 80% ^	
Outpatient Services	Plan pays 80% ^	
Note: Includes Bereavement counseling provided as part of a hospice program.		
Medical Pharmaceutical Drugs		
07/01/2023		

NJ Health Savings Account Open Access Plus - HSA OAPIN

Note: Services where plan deductible applies are noted with a caret (^). Plan deductible always applies before benefit copays/deductibles.	
Outpatient Facility	Plan pays 80% ^
Physician's Office	Plan pays 80% ^
Home	Plan pays 80% ^
<b>Note:</b> This benefit only applies to the cost of the Infusion Therapy drugs administer charges.	red. This benefit does not cover the related Facility, Office Visit or Professional
Family Planning	
Women's Services	Plan pays 100%
Includes contraceptive devices as ordered or prescribed by a physician and surgica	al sterilization services, such as tubal ligation (excludes reversals)
Men's Services	Plan pays 100% ^
Includes surgical sterilization services, such as vasectomy (excludes reversals)	
Abortion	
Abortion Services	Coverage varies based on Place of Service
Note: Elective and non-elective procedures	
Infertility	
Infertility Treatment	Coverage varies based on Place of Service
Infertility covered services: lab and radiology test, counseling, surgical treatment, ir <ul> <li>Lifetime Maximum: Unlimited</li> </ul>	ncludes artificial insemination, in-vitro fertilization, GIFT, ZIFT, etc.
Other Health Care Facilities/Services	
Home Health Care	Plan pays 80% ^
Annual Limit: 80 visits (The limit is not applicable to mental health and subs	stance use disorder conditions.)
Organ Transplants	Covered same as Inpatient benefit
<ul> <li>Services paid at in-network level if performed at Cigna LifeSOURCE Trans</li> <li>Travel Maximum - After the plan deductible is met, Unlimited maximum per</li> </ul>	
Note: INN Copay/Cost-Share only applies to In-Network, Non-LifeSOURCE Facilities that have contracted to provide Organ Transplant Services. All other Non- LifeSOURCE Facilities (In-Network and Out-of-Network) are covered at the same OON Copay/Cost-Share level as other Hospital and Professional Services.	
<ul> <li>Durable Medical Equipment and External Prosthetic Appliances</li> <li>Annual Limit: Unlimited</li> </ul>	Plan pays 80% ^
	External Prosthetic Appliances: Plan pays 80% ^
07/01/2023 NJ Health Savings Account Open Access Plus - HSA OAPIN	

Facets - 18423693 - V 27 - 06/06/23 09:41 AM ET

Note: Services where plan deductible applies are noted with a caret (^). Plan deductible always applies before benefit copays/deductibles.				
Breast Feeding Equipment and Supplies				
<ul> <li>Limited to the rental of two breast pumps per birth as ordered or</li> </ul>	Plan pays 100%			
prescribed by a physician	1 ian pays 100 /0			
Includes related supplies				
Hearing Aids	Plan pays 80% ^			
Annual Limit: Unlimited				
<ul> <li>Maximum of 2 devices (one per ear) per 24 months</li> </ul>				
<ul> <li>Includes testing and fitting of hearing aid devices</li> </ul>				
Coverage through age 15				
Note: Services where plan deductible applies are noted with a caret (^).				
Mental Health and Substance Use Disorder				
Inpatient Mental Health	Plan pays 80% ^			
Outpatient Mental Health – Physician's Office	Plan pays 80% ^			
Outpatient Mental Health – All Other Services	Plan pays 80% ^			
Inpatient Substance Use Disorder	Plan pays 80% ^			
Outpatient Substance Use Disorder – Physician's Office	Plan pays 80% ^			
Outpatient Substance Use Disorder – All Other Services	Plan pays 80% ^			
Annual Limits:				
Unlimited maximum				
Notes:				
<ul> <li>Inpatient includes Acute Inpatient and Residential Treatment.</li> </ul>				
<ul> <li>Outpatient - Physician's Office - may include Individual, family and gr</li> </ul>				
<ul> <li>Outpatient - All Other Services - may include Partial Hospitalization, I</li> </ul>	ntensive Outpatient Services and Applied Behavior Analysis (ABA Therapy), etc.			
Pharmacy	In-Network			
Cost Share and Supply				
Med Pharmacy Cost Share	Once the medical deductible is met then the customer is responsible for the cost share			
<ul> <li>Retail – up to 90-day supply</li> </ul>				
<ul> <li>Home Delivery – up to 90-day supply</li> </ul>	Retail (per 30-day supply):			
	Generic: You pay \$5 ^			
	Preferred Brand: You pay \$35 ^			
	Non-Preferred Brand: You pay \$60 ^			
	Retail and Home Delivery (per 90-day supply):			
	Generic: You pay \$15 ^			
	Preferred Brand: You pay \$105 ^			
	Non-Preterred Brand: You pay \$180 "			
	Non-Preferred Brand: You pay \$180 ^			

07/01/2023 NJ Health Savings Account Open Access Plus - HSA OAPIN

## Pharmacy

### **In-Network**

- Retail drugs for a 30 day supply may be obtained In-Network at a wide range of pharmacies across the nation although prescriptions for a 90 day supply (such as maintenance drugs) will be available at select network pharmacies.
- This plan will not cover out-of-network pharmacy benefits.
- Cigna 90 Now Program: You can choose to fill your medications in a 30- or 90-day supply. If you choose to fill a 30-day prescription, it can be filled at any network retail pharmacy or network home delivery pharmacy. If you choose to fill a 90-day prescription, it must be filled at a 90-day network retail pharmacy or network home delivery pharmacy to be covered by the plan.
- Specialty medications are used to treat an underlying disease which is considered to be rare and chronic including, but not limited to, multiple sclerosis, hepatitis C or rheumatoid arthritis. Specialty Drugs may include high cost medications as well as medications that may require special handling and close supervision when being administered.
- You can elect brand or generic with no penalty (MAC C).
- Your pharmacy benefits share an annual deductible and out-of-pocket maximum with the medical/behavioral benefits. The applicable cost share for covered drugs applies after the combined deductible has been met.

#### **Preventive Drugs:**

Federally required preventive drugs will not be subject to deductible and will be provided at no charge. In addition, In-Network Generic preventive drugs and products included in the Preventive Package will not be subject to deductible and will be provided at no charge. This may apply to drugs for:

Asthma, Cholesterol Lowering, Depression, Diabetes (including diabetic supplies but excluding continuous glucose monitor supplies), Heart Disease and Stroke, High Blood Pressure, Osteoporosis, Prenatal Vitamins

# **Drugs Covered**

#### **Prescription Drug List:**

Your Cigna Advantage Prescription Drug List includes a full range of drugs including all those required under applicable health care laws. Some of the more expensive drugs are excluded when there are less expensive alternatives. To check which drugs are included in your plan, please log on to myCigna.com. Some highlights:

- Coverage includes Self Administered injectable drugs, but excludes infertility drugs.
- Contraceptive devices and drugs are covered with federally required products covered at 100%.
- Generic Non-Sedating Anti-histamines are covered.
- Oral Fertility drugs are covered.
- Generic Ulcer Drugs (Proton Pump Inhibitors/PPI) are covered.

# **Pharmacy Program Information**

#### Pharmacy Clinical Management: Essential

Your plan features drug management programs and edits to ensure safe prescribing, and access to medications proven to be the most reliable and cost effective for the medical condition, including:

- Prior authorization requirements
- Quantity limits, including maximum daily dose edits, quantity over time edits, duration of therapy edits, and dose optimization edits
- Age edits, and refill-too-soon edits
- Plan exclusion edits
- Your plan includes Specialty Drug Management features, such as prior authorization and quantity limits, to ensure the safe prescribing and access to specialty medications.
- For customers with complex conditions taking a specialty medication, we will offer Accredo Therapeutic Resource Centers (TRCs) to provide specialty
  medication and condition counseling. For customers taking a specialty medication not dispensed by Accredo, Cigna experts will offer this important specialty
  medication and condition counseling.

#### Patient Assurance Program

Your plan includes the Patient Assurance Program, which waives the deductible and reduces the amount you owe for certain medications used to treat chronic conditions included in the program. Additionally:

- Any amount you pay for these medications count toward meeting both your deductible and out-of-pocket maximum.
- Any discount provided by a pharmaceutical manufacturer for these medications count toward meeting both your deductible and out-of-pocket maximum.

# **Additional Information**

#### Cigna Diabetes Prevention Program in collaboration with Omada

Cigna Diabetes Prevention Program in collaboration with Omada is a program to help you avoid the onset of diabetes, as well as health risks that might lead to heart disease or a stroke. The program is covered by your health plan at the preventive level, just like for your wellness visit. Program participants have access to a professional virtual health coach, an online support group, interactive lessons, and a smart-technology scale. The program will help you make small changes in your eating, activity, sleep, and stress to achieve healthy weight loss through a series of 16 weekly lessons and tools to help you maintain weight loss over time. You will also be offered the opportunity to join a gym for a low monthly fee and no enrollment fee.

#### Out-of-Network Emergency Services Charges

1. Emergency Services are covered at the In-Network cost-sharing level as required by applicable state or federal law if services are received from a non-participating (Out-of-Network) provider.

2. The allowable amount used to determine the Plan's benefit payment for covered Emergency Services rendered in an Out-of-Network Hospital, or by an Out-of-Network provider in an In-Network Hospital, is the amount agreed to by the Out-of-Network provider and Cigna, or as required by applicable state or federal law.

The member is responsible for applicable In-Network cost-sharing amounts (any deductible, copay or coinsurance). The member is not responsible for any charges that may be made in excess of the allowable amount. If the Out-of-Network provider bills you for an amount higher than the amount you owe as indicated on the Explanation of Benefits (EOB), contact Cigna Customer Service at the phone number on your ID card.

# **Additional Information**

#### **Medicare Coordination**

In accordance with the Social Security Act of 1965, this plan will pay as the Secondary plan to Medicare Part A and B as follows:

(a) a former Employee such as a retiree, a former Disabled Employee, a former Employee's Dependent, or an Employee's Domestic Partner who is also eligible for Medicare and whose insurance is continued for any reason as provided in this plan (including COBRA continuation);

(b) an Employee, a former Employee, an Employee's Dependent, or former Employee's Dependent, who is eligible for Medicare due to End Stage Renal Disease after that person has been eligible for Medicare for 30 months.

When a person is eligible for Medicare A and B as described above, this plan will pay as the Secondary Plan to Medicare Part A and B regardless if the person is actually enrolled in Medicare Part A and/or Part B and regardless if the person seeks care at a Medicare Provider or not for Medicare covered services.

#### One Guide

Available by phone or through myCigna mobile application. One Guide helps you navigate the health care system and make the most of your health benefits and programs.

#### **Complete Care Management**

Pre-authorization is required on all inpatient admissions and selected outpatient procedures, diagnostic testing, and outpatient surgery. Network providers are contractually obligated to perform pre-authorization on behalf of their customers.

Pre-Existing Condition Limitation (PCL) does not apply.

# Definitions

**Coinsurance** - After you've reached your deductible, you and your plan share some of your medical costs. The portion of covered expenses you are responsible for is called Coinsurance.

Copay - A flat fee you pay for certain covered services such as doctor's visits or prescriptions.

Deductible - A flat dollar amount you must pay out of your own pocket before your plan begins to pay for covered services.

**Out-of-Pocket Maximum** - Specific limits for the total amount you will pay out of your own pocket before your plan coinsurance percentage no longer applies. Once you meet these maximums, your plan then pays 100 percent of the "Maximum Reimbursable Charges" or negotiated fees for covered services.

Place of Service - Your plan pays based on where you receive services. For example, for hospital stays, your coverage is paid at the inpatient level.

Prescription Drug List - The list of prescription brand and generic drugs covered by your pharmacy plan.

**Professional Services** - Services performed by Surgeons, Assistant Surgeons, Hospital Based Physicians, Radiologists, Pathologists and Anesthesiologists **Transition of Care** - Provides in-network health coverage to new customers when the customer's doctor is not part of the Cigna network and there are approved clinical reasons why the customer should continue to see the same doctor.

## **Exclusions**

What's Not Covered (This Is Not All Inclusive; check your plan documents for a complete list)

- Services that aren't medically necessary
- Experimental or investigational treatments, except for routine patient care costs related to qualified clinical trials as described in your plan document
- Accidental injury that occurs while working for pay or profit
- Sickness for which benefits are paid or payable under any workers' compensation or similar law
- Services provided by government health plans
- Cosmetic surgery, unless it corrects deformities resulting from illness, breast reconstruction surgery after a mastectomy, or congenital defects of a newborn or adopted child or child placed for adoption
- Dental treatments and implants
- Custodial care

#### 07/01/2023

NJ

Health Savings Account Open Access Plus - HSA OAPIN

## **Exclusions**

- Surgical procedures for the improvement of vision that can be corrected through the use of glasses or contact lenses
- Vision therapy or orthoptic treatment
- Reversal of sterilization procedures
- Nonprescription drugs or anti-obesity drugs
- Gene manipulation therapy
- Smoking cessation programs
- Non-emergency services incurred outside the United States
- Bariatric surgery
- Treatment of TMJ disorders and craniofacial muscle disorders

#### These are only the highlights

This summary outlines the highlights of your plan. For a complete list of both covered and not covered services, including benefits required by your state, see your employer's insurance certificate, service agreement or summary plan description -- the official plan documents. If there are any differences between this summary and the plan documents, the information in the plan documents takes precedence.

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, Evernorth Care Solutions, Inc., Evernorth Behavioral Health, Inc., Cigna Health Management, Inc., and HMO or service company subsidiaries of Cigna Health Corporation. The Cigna name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc.

EHB State: NJ

# DISCRIMINATION IS AGAINST THE LAW

## **Medical coverage**

Cigna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Cigna does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Cigna:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact customer service at the toll-free number shown on your ID card, and ask a Customer Service Associate for assistance.

If you believe that Cigna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by sending an email to ACAGrievance@Cigna.com or by writing to the following address:

Cigna Nondiscrimination Complaint Coordinator PO Box 188016 Chattanooga, TN 37422

If you need assistance filing a written grievance, please call the number on the back of your ID card or send an email to ACAGrievance@Cigna.com. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, DC 20201 1.800.368.1019, 800.537.7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.



All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, Evernorth Care Solutions, Inc., Evernorth Behavioral Health, Inc., Cigna Health Management, Inc., and HMO or service company subsidiaries of Cigna Health Corporation and Cigna Dental Health, Inc. The Cigna name, logos, and other Cigna marks are owned by Cigna Intellectual Property, Inc. ATTENTION: If you speak languages other than English, language assistance services, free of charge are available to you. For current Cigna customers, call the number on the back of your ID card. Otherwise, call 1.800.244.6224 (TTY: Dial 711). ATENCIÓN: Si usted habla un idioma que no sea inglés, tiene a su disposición servicios gratuitos de asistencia lingüística. Si es un cliente actual de Cigna, Ilame al número que figura en el reverso de su tarjeta de identificación. Si no lo es, Ilame al 1.800.244.6224 (los usuarios de TTY deben Ilamar al 711).

896375b 05/21 © 2021 Cigna.

## Proficiency of Language Assistance Services

**English** – ATTENTION: Language assistance services, free of charge, are available to you. For current Cigna customers, call the number on the back of your ID card. Otherwise, call 1.800.244.6224 (TTY: Dial 711).

**Spanish** – ATENCIÓN: Hay servicios de asistencia de idiomas, sin cargo, a su disposición. Si es un cliente actual de Cigna, llame al número que figura en el reverso de su tarjeta de identificación. Si no lo es, llame al 1.800.244.6224 (los usuarios de TTY deben llamar al 711).

Chinese - 注意:我們可為您免費提供語言協助服務。對於 Cigna 的現有客戶,請致電您的 ID 卡背面的號碼。其他客戶請致電 1.800.244.6224 (聽障專線:請撥 711)。

Vietnamese – XIN LƯU Ý: Quý vị được cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Dành cho khách hàng hiện tại của Cigna, vui lòng gọi số ở mặt sau thẻ Hội viên. Các trường hợp khác xin gọi số 1.800.244.6224 (TTY: Quay số 711).

Korean - 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 현재 Cigna 가입자님들께서는 ID 카드 뒷면에 있는 전화번호로 연락해주십시오. 기타 다른 경우에는 1.800.244.6224 (TTY: 다이얼 711)번으로 전화해주십시오.

**Tagalog** – PAUNAWA: Makakakuha ka ng mga serbisyo sa tulong sa wika nang libre. Para sa mga kasalukuyang customer ng Cigna, tawagan ang numero sa likuran ng iyong ID card. O kaya, tumawag sa 1.800.244.6224 (TTY: I-dial ang 711).

Russian – ВНИМАНИЕ: вам могут предоставить бесплатные услуги перевода. Если вы уже участвуете в плане Cigna, позвоните по номеру, указанному на обратной стороне вашей идентификационной карточки участника плана. Если вы не являетесь участником одного из наших планов, позвоните по номеру 1.800.244.6224 (TTY: 711).

Arabic – برجاء الانتباه خدمات الترجمة المجانية متاحة لكم. لعملاء Cigna الحاليين برجاء الاتصال بالرقم المدون علي ظهر بطاقتكم الشخصية. او اتصل ب 1.800.244.6224 (TTY: اتصل ب 711). **French Creole** – ATANSYON: Gen sèvis èd nan lang ki disponib gratis pou ou. Pou kliyan Cigna yo, rele nimewo ki dèyè kat ID ou. Sinon, rele nimewo 1.800.244.6224 (TTY: Rele 711).

**French** – ATTENTION: Des services d'aide linguistique vous sont proposés gratuitement. Si vous êtes un client actuel de Cigna, veuillez appeler le numéro indiqué au verso de votre carte d'identité. Sinon, veuillez appeler le numéro 1.800.244.6224 (ATS : composez le numéro 711).

**Portuguese** – ATENÇÃO: Tem ao seu dispor serviços de assistência linguística, totalmente gratuitos. Para clientes Cigna atuais, ligue para o número que se encontra no verso do seu cartão de identificação. Caso contrário, ligue para 1.800.244.6224 (Dispositivos TTY: marque 711).

**Polish** – UWAGA: w celu skorzystania z dostępnej, bezpłatnej pomocy językowej, obecni klienci firmy Cigna mogą dzwonić pod numer podany na odwrocie karty identyfikacyjnej. Wszystkie inne osoby prosimy o skorzystanie z numeru 1 800 244 6224 (TTY: wybierz 711).

Japanese - 注意事項:日本語を話される場合、無料の言語支援サービスをご利用いただけます。現在のCignaのお客様は、IDカード裏面の電話番号まで、お電話にてご連絡ください。その他の方は、1.800.244.6224 (TTY: 711) まで、お電話にてご連絡ください。

**Italian** – ATTENZIONE: Sono disponibili servizi di assistenza linguistica gratuiti. Per i clienti Cigna attuali, chiamare il numero sul retro della tessera di identificazione. In caso contrario, chiamare il numero 1.800.244.6224 (utenti TTY: chiamare il numero 711).

**German** – ACHTUNG: Die Leistungen der Sprachunterstützung stehen Ihnen kostenlos zur Verfügung. Wenn Sie gegenwärtiger Cigna-Kunde sind, rufen Sie bitte die Nummer auf der Rückseite Ihrer Krankenversicherungskarte an. Andernfalls rufen Sie 1.800.244.6224 an (TTY: Wählen Sie 711).

Persian (Farsi) – توجه: خدمات کمک زبانی، به صورت رایگان به شما ارائه می شود. برای ممتنزیان فعلی Cigna، لطفاً با شماره ای که در یشت کارت شناسایی شماست تماس بگیرید. در غیر اینصورت با شماره Cigna، لطفاً با شماره 1.800.244.6224 تماس بگیرید (شماره تلفن ویژه ناشنوایان: شماره 711 را شماره گیری کنید).